



How to handle difficult and upsetting news



If you read or hear about some of the very sad stories that are shown on the news, it is very normal to feel sad or worried.

The world is a very big place and everything that is in the news is there because it is something that doesn't happen often. We need to remember that the adults around us do everything in their power to keep us safe.

Here are some helpful ideas if you are worried about what you hear in the news:

-  Don't worry about being worried! Sometimes we think it's only us who is scared or worried, this can actually make things worse. It's important to know that others feel the same too.
-  Do things you enjoy. Go swimming, watch your favourite TV show or read a book. Enjoyable activities can help to take your mind somewhere else when you are worried.
-  Talk to others. Keeping your worries and fears inside often makes them seem worse and our imaginations can get carried away. Often, our friends or adults can help cheer us up or help to explain things.
-  Do what you can. Sometimes we are near to where something bad happens, other times we are in different countries. Often, charities set up funds so we can help if we feel it's important.

The OBE is 100 years old!

The Order of the British Empire is a very special award which rewards contributions towards helping other people, arts and sciences, and charity work. It was established by King George V on June 4, 1917, as a means of recognising those who contributed as non-combatants in the First World War.

Famous people with OBEs include David Beckham and singer Paul McCartney.

They can write the letters after their name, so the proper title for Paul McCartney is: Paul McCartney OBE.

Do you know anyone who has been awarded an OBE? What was it for?



An OBE award and the box it is presented with.



Could you learn without subjects?



For the last twenty years, Finland has long been celebrated for its top education and always scores very highly in different league tables.

Now it is rethinking how it can teach 21st century skills to meet the challenges of living in a technological world. It plans to replace separate subjects, such as maths and science with cross-cutting topics to encourage broader skills. Some people are worried this approach is too vague and may lower the very high standards.

In Finland, children do not start formal school until the age of seven, they have short school days, long holidays, very little homework and fewer tests. It has impressed many other countries how well the children perform there. Education experts in Finland say it is vital in a digital age where children are no longer reliant on books and the classroom to gain knowledge to change how they do things.

From last year, it became compulsory for every



Children learning in a creative environment.

school to teach in a more joined up way, to allow children to choose an area that interested them and base subjects around it. Making innovative use of technology and sources outside the school, such as experts and museums, is a key part of it.

Do you like the idea of not having separate subjects and taking more control of your learning? Let us know your thoughts using our details below!

Our winner!

On Tuesday 23rd May a very special visitor came to Park Road. We could hear them before we saw them, the sirens ringing like an alarm outside school. We wanted to run as it was a surprise and we were scared. We walked sensibly not knowing what we were about to see.

When we reached the playground, the firemen were there in their shiny red suits and yellow hats. They told us all about what they do, the lives they save and what we can do to make our homes safer. We even got a turn to sit in their engine! A great time was had by all!

Congratulations to Claire, age 8 from Leamington Spa who sent in her wonderful article about their visit from the local fire service. You will receive your Night Zookeeper books for you and all your class shortly!



**YOUR
COMMENTS**

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