



Is your cereal high in sugar?

Last week, an organisation called Public Health Liverpool have named what they say are the breakfast cereals highest in sugar. Too much sugar in a child's diet can lead to tooth decay, diabetes and obesity. A 7-10 year-old's maximum daily allowance is 6 cubes of sugar.

Councillor Tim Beaumont said, "It is a myth that breakfast cereals are a healthy choice. Some are, but many are loaded with sugar."



Frosties contains nearly 4 sugar cubes per serving.

How does your cereal fare?

HIGH (between 2 and 4 sugar cubes per serving): Frosties, Coco Pops, Cookie Crisp.

MEDIUM (between 1 and 2 sugar cubes per serving): Cheerios, Rice Krispies, Shreddies.

LOW (less than half a sugar cube per serving): Weetabix, Ready Brek, Shredded Wheat.

Street parties to remember MP Jo Cox

On the weekend of the 16th-18th June, lots of street parties, baking competitions and picnics took place to remember MP Jo Cox.

Jo was a very popular MP who died last year. Her husband, Brendan said the event would be a "fitting tribute" to Jo. Her family hoped to stage a positive event to highlight her life. Bringing communities together with the slogan "More in Common" Brendan added, "If people feel closer to their communities, that's exactly how Jo would want to be remembered."



Former MP Jo Cox



Ariana Grande to become an ‘honorary Mancunian’



Popstar Ariana Grande is going to be awarded Manchester citizenship even though she's an American citizen.

Manchester council are proposing a new system, which would recognise those people who aren't residents of the city but still make an outstanding contribution to it. Ariana's amazing work organising the One Love concert in Manchester, in aid of victims of the bombing at the Manchester Arena on 22 May. The concert, which featured Coldplay, Little Mix and Justin Bieber, raised almost £3 million to help victims and their families.



Singer Ariana Grande performing.

Welsh schools to get a huge boost in funding for computer coding clubs!



Schools in Wales are to be given a huge investment to set up clubs to teach computer coding. Welsh Education Secretary, Kirsty Williams, said she wanted all pupils to have the opportunity to learn about coding as the importance for digital skills continues to grow. It is estimated that there will be 100,000 new coding jobs in the UK by 2020!

Mrs Williams said, “Code is part of almost everyone’s life. When we check social media, access an app or computer we are using systems created by code.”

What clubs do you have in your school? Would you like to see any new ones being set up? Send us your thoughts and pictures to help@picture-news.co.uk.

/ think...



**YOUR
COMMENTS**

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